Teen Etiquette and Dining Workshop

Workshop Overview

As parents we all want our children to succeed. We take them to school and help them with their homework and discuss their progress with their teachers. Academically, our children are very smart. Academic intelligence is not the only way we can help our teenagers become successful. It is imperative to a teen’s success that they adapt socially as well as academically to the responsible adult world. They are in the critical stages of making first impressions on university recruiters, future employers, and even potential mates.

Image Flair Academy of Modern Etiquette, the same company that for years has provided workshops on social graces and etiquette for youngsters has developed a new workshop for teenagers. It is our goal that during this three hour engaging and entertaining workshop your teenager will gain the confidence he or she needs to succeed in any social situation. The Image Flair Teen Etiquette and Dining Workshop for students aged 12-19 years old will give them the tools to develop the character and self confidence they will need to succeed in life.

Your teenager will learn, understand, and be proficient in the following areas:

- Social & Communication Skills
- Self-esteem & Confidence Building
- Handshaking with All Ages
- Social Introductions
- Deportment – Poise and Posture
- Self-respect & Respect for Others
- Conversation & Listening Skills
- Personal Grooming
- Dining Etiquette: (hands-on)
- The Do’s and Don’ts of table manners
Invest in your teenager’s future success today!

**Workshop Schedule:**

**Date:** 18 June 2016 (Sat) OR Refer to our 3 days Teen 101
**Venue:** Ngee Ann City Tower B #13-09
**Time:** 10am to 1pm
**Price:** $148

**Contact:** enquiry@imageflair.com.sg to register

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**3 Days Teen Etiquette 101**

Image Flair has developed a customized workshop to aid developing teenagers and their parents cope with the struggles and facets of this challenging in-between stage of growing up. These sessions aim at enhancing the natural intellect and beauty of your teenagers, without dragging them away from what they enjoy most, fun and more fun.

**Program Benefits:**

- Teenagers are nurtured and groomed to face adulthood with confidence and self-esteem.
- Teenage children who attend this program are made to reflect on the changes in their childhood and how they can enhance their lives to be better adults.
- Teenagers benefit from the values and social skills taught during this workshop, helping them cope with the transition into adulthood.
- Teenagers learn effective and polite ways to communicate appropriately with others.

**Modules covered:**

- covers first impression
- image
- social and confident greeting/introduction
- Effective communication skills and non verbal communication
- public courtesy
- interview etiquette
- Situational Confidence
- Dining Etiquette
- Poise and Posture
Invest in your teenager’s future success today!

**Date:** 22 June 2016 (Wed) to 24 June 2016 (Fri)

**Time:** 10am to 1pm (Open for registration)

**Duration:** 3 hours per session

**Venue:** To be advised

**Fees:** $388

*(Note: Special promo for our facebook fans: 10% off the usual rate.)*

**Contact:** enquiry@imageflair.com.sg to register

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**Children Social Etiquette and Dining Workshop for 5 to 12 years old**

**Workshop Overview**

The value of teaching your children proper etiquette including communication skills, proper manners, dining etiquette and deportment is well worth the investment in this workshop. When your child finishes this course, he or she will have the poise, confidence, and knowledge necessary to succeed during the early years of their education.

This interactive program focuses on up-to-date social and communications skills which build self-esteem, self-respect, and respect for others. The course provides fun, informative lessons with interactive activities to show your children the importance of dining etiquette which include:

- role-playing exercises,
- quizzes to assess student learning,
- plus a 3 course meal to practice proper table manners.
The learning objectives of this course include:

- Self respect and respect for others
- Personal grooming and hygiene
- Making positive introductions
- Meeting and greetings
- Poise and posture (deportment)
- Table manners, 3 course meal hands-on

(Dining: they will learn how to drink soup the proper way, wipe their mouth, entering the seat, table setting, styles of dining: continental, using and holding the cutlery the proper way, dos and don’t when on the table and many others)

Enrolling your children in this workshop will be a great step to their future success!

**Date:** 11 June 2016 (Sat)
**Venue:** Ngee Ann City Tower B #13-09
**Time:** 10:00am to 1:00pm
**Price:** $138

**Read about our Children Social Etiquette and Dining Workshop at The Tanglin Club in our BLOG**

**Watch our short video in YouTube**

*(Note: Special promo for our facebook fans:10% off the usual rate.)*

**Contact:** enquiry@imageflair.com.sg to register
Macaroni and Please® for 4 to 7 years old

Workshop Overview

Learning important skills and values are vital to a child's ability to interact well with others and respect the different individuals that he or she will meet at school, at a birthday party or even at the playground. Give your child a head start in life by exposing him/her to the appropriate etiquette and social skills early in life.

Macaroni and Please® is a holiday program for children between the ages of 4 to 7 years old. Children this age are just beginning to realize that there are certain behavioral expectations outside the home. The goal of this course is to teach them about social norms, manners, and common etiquette that will prepare them for future interaction with people they will meet in their professional and personal lives. Now is the best time to train children and instill good values before bad habits get a chance to develop.

This 2-day workshop consists of 3-hour sessions each day, and will benefit any child within the 4 - 7 years age group in acquiring new skills and values to nurture them well into adulthood. This fun hands-on course includes learning objectives that will teach your child,

- handshakes
- meeting and greeting
- how to introduce yourself and others
- getting to know people
- sportsmanship behavior
- promoting respect
- polite words to remember, and when to use them
- being a Good Host and Guest, thank you notes
- home and school manners
- learning about values: empathy, fairness, honesty and reality
- deportment (proper way to stand, sit and walk)
- telephone manners, how to make calls courteously, how to answer the telephone politely, how to handle wrong number, taking messages, leaving messages, giving and receiving compliments, safety and strangers
- table manners, Chinese and western dining etiquette, the proper posture for dining, the right way of using fork, knife and spoon, the right way of eating bread roll, spaghetti (Hands-on).
Learning these skills will give your child the tools to succeed in academic and social institutions. By having appropriate manner etiquette and social/communication skills, your child will earn the respect of adults as well their peers.

Macaroni and Please® (Weekday)

**Date:** 16 June 2016 (Thur) to 17 June 2016 (Fri)  
**Venue:** Ngee Ann City Tower B #13-09  
**Time:** 10:00am to 1:00pm  
**Fee:** $208  
**Contact:** enquiry@imageflair.com.sg to register

Help your children learn to be Cool Kind Kids®!

*Image Flair, Academy of Modern Etiquette* presents *Social Skills, Character Values and Anti-Bullying Educational Program* for the following age groups:

- 02 days “Cool Kind Kid®” for ages 4-7  
- 03 days “Cool Kind Kid®” for ages 7-12

**Workshop Overview**

Civility, etiquette, and anti bullying curriculum suitable for schools, camps, and after-school programs;

- Social Skills—Children learn to be comfortable in any social situation
- Character Values—Children learn character values such as respect, diligent, attentiveness and many others
- Etiquette Rules—Children learn how to get along, to be “cool” kids with “kind” hearts

- Manners—Children learn how to live The Golden Rule, the basis for good manners

- Bullying Prevention—Redefining “cool,” so kids learn that the “kind” kid is the “cool” kid, not the bully

Our programs introduce a fun way for children to expand their social skills – their ability to get along with others. Using songs, poems, role-playing and other fun activities, children learn that "The Golden Rule" is the foundation of good manners and the key to being truly cool.

**Workshop Schedule:**

**2 days Cool Kind Kid® – Ages 4-7**

**Date:** 26 Nov 2015 (Thu) to 27 Nov 2015 (Fri) **Closed**  
**Venue:** To be advised  
**Time:** 10:00am to 4:00pm  
**Price:** $288nett (Lunch and snacks provided)

**3 days Cool Kind Kid® – Ages 7-12**

**Date:** 08 Dec 2015 (Tue) to 10 Dec 2015 (Thur)  
**Venue:** To be advised  
**Time:** 10:00am to 4:00pm  
**Price:** $388nett (Lunch and snacks provided)

**Contact:** [enquiry@imageflair.com.sg](mailto:enquiry@imageflair.com.sg) to register
Workshop Overview

The children in this age group will learn many of the same things as the younger ones. Image Flair will, however, spend quite a bit of time teaching them why it is important to deal with people in a respectful and caring manner.

For example, there will be some time spent discussing what it means to consider other people’s feelings. Children will be asked to answer the question "How would I feel if...?", thus allowing them to empathize with others. Children will be taught about kindness and will be shown the different ways by which people can be kind to others. Image Flair will also spend some time discussing the proper way to speak to an adult, as well as how to speak in a public forum.

The goal of this program for Pre-Teens is to learn key social skills that will boost their confidence and set them apart for success! The teen years determine the path kids will take on their journey into adulthood. Preparing them with the right tools and skills will help build self-esteem and confidence that shows in how they act, speak, and behave.

This interactive course includes learning objectives that will teach your child.

- First impression, handshake
- meeting and greeting
- making eye contact
- remembering names
- deportment (proper way to stand, sit and walk)
- personal grooming
- respect and rules
- self-respect and being polite to yourself
- what is respect
- communication skills, the art of conversation, effective non-verbal communication
- listening skills
- giving compliments, what not to say
- telephone communications
- dining etiquette
- table manners, western dining etiquette, the proper posture for dining, the right way of using fork, knife and spoon, the right way of eating bread roll, spaghetti (Hands-on.)
By enrolling in this program, your child will be well ahead of others his or her age. They will have the knowledge and insight to demonstrate appropriate manners/social skills and act accordingly in specific situations. Additionally, they will learn to respect others; and in turn, be respected.

**Workshop Schedule:**

**Date:** 13 June 2016 (Mon) to 15 June 2016 (Wed)  
**Venue:** Ngee Ann City Tower B #13-09  
**Time:** 10am to 1pm  

**Fee:** $299

**Date:** 10 June 2016 (Fri) OR 25 June 2016 (Sat)  
**01 Day Workshop Special**  
**Venue:** Ngee Ann City Tower B #13-09  
**Time:** 10am to 4pm  

**Fee:** $198

**Contact:** [enquiry@imageflair.com.sg](mailto:enquiry@imageflair.com.sg) to register

3 Days Confidence is Cool® Boot Camp

The Three-day Camp will help youngsters, ages 8-12, achieve confidence, higher self-esteem and fine-tune their public speaking and deportment skills.

This class is taught by Eunice Tan, a Master Trainer and award winning entrepreneur who has been teaching etiquette to thousands of children, teens and adults in Singapore for over 10 years.

Recognized for her etiquette expertise, Eunice was invited by Mediacorp OKTO LIVE! to share her expertise on dining etiquette and was featured in Young Families, Young Parents, Today Parents, Simply Her, Young Parents Baby, Sunday Times, Lian He Zhao Bao, Shin Min Daily News and many others.

Eunice makes Learning Etiquette Fun! The focus of this boot camp is to ensure that your child will develop the confidence and self-esteem necessary in undertaking new challenges in life, as well as asserting themselves appropriately in different situations.
Etiquette helps children assume their place in the world by building character, confidence, and a respectful outlook, allowing them to learn to focus on others instead of themselves.

The programs are interactive, based on a hands-on workshop approach filled with role-plays and group presentations.

**Camp Agenda**

While taking part in our three day camp, your child will learn...

- What Confidence is
- The Steps To Gaining Confidence (6 steps)
- Setting Goals – Strategies
- Problem Solving Skills
- How To Assert Themselves Appropriately
- Techniques For Overcoming Shyness/ Self-Esteem
- The Language of Confidence – Verbal and Non-Verbal
- Public Speaking Skills
- Courteous Communication Skills
- Poise and Posture

**Workshop Schedule:**

**Date:** 13 June 2016 (Mon) to 15 June 2016 (Wed)  
**Venue:** Ngee Ann City Tower B #13-09  
**Time:** 2pm to 5pm  
**Price:** $368nett

Read about our Confidence is Cool Workshop in our [BLOG](#) and [Youtube](#)

**Contact:** [enquiry@imageflair.com.sg](mailto:enquiry@imageflair.com.sg) to register
Finishing Touch ® Workshop for Girls

Specially for Teenage Girls transitioning into Ladies

Workshop Overview

This Workshop will teach your teenager how to create a look all of her own... and have the confidence and poise to be successful in all that she does.

In this workshop, your teenager will learn about:

- Proper Skincare Routines
- (Hands-on) Make Up Techniques
- How to Build Their Wardrobe
- Colour Psychology and Their Best Colours
- How to Create Slenderizing Illusions
- How to Conceal Figure Challenges and Highlight Their Best Features
- Various Dress Codes for Different Occasion
- Poise and Self-Confidence
From this program, your young lady will learn to be elegant, poised, and confident. Additionally, she will acquire the knowledge to present herself in an attractive manner without spending a fortune.

**Date:** 28 May 2016  
**Venue:** Ngee Ann City Tower B #13-09 (our office)  
**Time:** 10am to 1pm  
**Price:** $148 per child

**Contact:** [enquiry@imageflair.com.sg](mailto:enquiry@imageflair.com.sg) to register